

au bon pain[®]

FROM GOOD BREAD



CAFÉ MENU

ALL DAY BREAKFAST

SIGNATURE FARMHOUSE OMELET | 520 CAL

on sprouted grain roll - parsley, chives, roasted onions & smoked paprika omelet, hardwood-smoked bacon & cheddar cheese

THE GOOD EGG | 540 CAL

on rustic baguette - two eggs, cheddar cheese, tomatoes, avocado, spinach & lemon aioli

EGG WHITES & CHEDDAR | 210 CAL

on skinny wheat bagel

EGG WHITES, CHEDDAR & AVOCADO | 360 CAL

on skinny wheat bagel with butter

2 EGG & CHEDDAR | 290-450 CAL

on plain bagel, skinny wheat bagel, or ciabatta

with Niman Ranch® sausage | add 160 Cal

with turkey sausage | add 80 Cal

with hardwood-smoked bacon | add 50 Cal

with black forest ham | add 45 Cal

substitute egg whites subtract 70 Cal

SMOKED SALMON WASABI | 410 CAL

on onion dill bagel with cucumbers & herb cream cheese

TOASTED BAGEL & CREAM CHEESE | 180-520 CAL

HOT OATMEAL 170-340 CAL

YOGURT PARFAIT 340-410 CAL

MÜESLI 370 CAL

ORANGE JUICE 110/220 CAL

FRUIT CUP 70/140 CAL

BEVERAGES

COLD BEVERAGES

Coca-Cola® products
bottled water
Perrier®
coconut water
Vitamin Water®
Nantucket Nectars®
Snapple®
Poland Spring
Sparkling Water®
lemonade
iced coffee
iced tea

HOT BEVERAGES

coffee

french roast
morning blend
french roast
decaf
french vanilla
hazelnut

espresso

caffe latte
cappuccino
mocha latte
vanilla latte
caffe milano
caramel
macchiato
caffe americano
espresso
chai latte
hot chocolate
hot tea

SPECIALTY SALADS

CHICKEN COBB AVOCADO | 630 CAL

chicken, romaine & field greens, fresh avocado, hardwood-smoked bacon, gorgonzola, egg, tomatoes, cucumbers & avocado greek yogurt dressing

VEGETARIAN DELUXE | 390 CAL

romaine & field greens, roasted peppers, kalamata olives, feta, tomatoes, cucumbers, carrots, chickpeas, red onions & balsamic vinaigrette

CHICKEN CAESAR ASIAGO | 540 CAL

chicken, romaine, housemade croutons, asiago cheese & caesar dressing

CAESAR WITHOUT CHICKEN | 440 CAL

THAI PEANUT CHICKEN | 410 CAL

chicken, romaine & field greens, tomatoes, cucumbers, carrots, crispy wontons & thai dressing

HARVEST TURKEY | 510 CAL

roast turkey, romaine & spinach, cranberries, grapes, granny smith apples, goat cheese, walnuts & balsamic vinaigrette

SOUTHWEST CHICKEN | 510 CAL

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, tomatoes, crispy wontons & lite citrus lime vinaigrette

SOUPS

tuscan white bean

12 veggie

corn & green chili bisque

curried rice & lentil

tomato basil bisque

roasted eggplant

black bean

barley & creamy lentil

wild mushroom bisque

french moroccan tomato lentil

chicken noodle

chicken & vegetable stew

beef & vegetable stew

clam chowder

italian wedding

corn chowder

turkey chili

macaroni & cheese

broccoli cheddar

lemon orzo chicken

turkey kale wild rice

and many more varieties

Soup varieties vary by day - check our website or your local cafe for today's options.

Additional nutrition information available upon request.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

SIGNATURE SANDWICHES

WARM CHICKEN & AVOCADO | 600 CAL

on toasted rustic baguette—with fresh avocado, hardwood-smoked bacon, tomatoes, field greens & basil aioli

CHIPOTLE TURKEY & AVOCADO | 680 CAL

on ciabatta—with fresh avocado, cheddar, roasted tomatoes, arugula & chipotle mayo

TWO TOMATO CAPRESE | 550 CAL

on ciabatta—with fresh mozzarella, tomatoes, arugula & basil pesto

CHICKEN CAPRESE | 650 CAL

TURKEY CLUB | 600 CAL

on toasted country white—with cheddar, hardwood-smoked bacon, tomatoes, field greens & mayo

CHIPOTLE BLACK BEAN BURGER

WITH AVOCADO | 690 CAL

on ciabatta—with chipotle cheddar, fresh avocado, caramelized onions, tomatoes & chipotle mayo

OVEN-HOT SANDWICHES

NEWPORT TURKEY | 730 CAL

on country white—with fresh avocado, cheddar & a touch of zesty honey mustard

CHICKEN MARGHERITA | 600 CAL

on ciabatta—with fresh mozzarella, tomato bruschetta & fresh basil



COUNTRY GRILLED CHEESE | 580 CAL

on country white—with four-cheese blend, hardwood-smoked bacon & tomatoes

CLASSIC GRILLED CHEESE | 520 CAL

HAM & TWO CHEESE | 530 CAL

on rustic baguette—with cheddar, swiss, tomatoes, arugula & dijonaise

BLACK ANGUS STEAK & CHEESE | 690 CAL

on ciabatta—with horseradish aioli, pickled red onions, fire-roasted peppers & three-cheddar blend

CAFÉ SANDWICHES

HERB CHICKEN SALAD | 470 CAL

on toasted semolina - chicken mixed with abp signature herb blend & avocado dressing, tomatoes & field greens

TUNA SALAD | 460 CAL

on sprouted grain—tuna, celery & onions mixed with mayo, cucumbers, tomatoes & field greens

TURKEY & SWISS | 660 CAL

on multigrain baguette—with swiss, tomatoes & honey pecan spread

BLACK ANGUS ROAST BEEF & CHEDDAR | 570 CAL

on multigrain baguette—with cheddar, pickled red onions, tomatoes, field greens & dijonnaise

AVOCADO BLT | 520 CAL

on toasted country white—with fresh avocado, hardwood-smoked bacon, tomatoes, romaine & basil aioli

CLASSIC BLT | 470 CAL

WRAPS

NAPA CHICKEN WITH AVOCADO | 500 CAL

with fresh avocado, tomatoes, cucumbers, romaine, basil aioli & lite lemon shallot vinaigrette

THAI PEANUT CHICKEN | 540 CAL

with tomatoes, cucumbers, carrots, crispy wontons, romaine, field greens & thai dressing

GARDEN & AVOCADO | 370 CAL

with fresh avocado, tomatoes, cucumbers, carrots, arugula, romaine & lite lemon shallot vinaigrette in a whole wheat wrap

CHICKEN CAESAR | 560 CAL

wih asiago, romaine & caesar dressing

HARVEST TURKEY | 630 CAL

with turkey, apples, cranberries & walnuts mixed with mayo, cheddar, romaine & balsamic glaze in a whole wheat wrap

VEGGIE & HUMMUS | 540 CAL

with hummus, cucumbers, roasted tomatoes, carrots, chickpeas, romaine, field greens, fresh basil, feta & balsamic vinaigrette in a whole wheat wrap

BAKERY

COOKIES/BROWNIES

chocolate chip
classic oatmeal raisin
chunky peanut butter
cookie
english toffee
white chocolate &
macadamia
energy cookie
double chocolate mudslide
cookie
chocolate chip brownie
brownie bites
chocolate dipped cranberry
almond macaroon

CROISSANTS

plain
chocolate
almond
sweet cheese
apple & cinnamon
raspberry cheese
warm spinach & cheese
warm ham & cheese
sweet cheese Croisbun™

MUFFINS

blueberry | corn | bran
double chocolate chunk

BREADS

bagels
baguettes
country white
sprouted grain roll
breadsticks
southwest jalapeño
cornbread

OTHER

strawberry bon tart
cinnamon swirl roll
pecan roll
sweet cheese danish
seasonal danish
palmier
red velvet cupcake
double chocolate cupcake
lemon pound cake
marble pound cake
bacon & cheddar kolache

GLUTEN FREE

brownie
chewy marshmallow bar

SNACKS

BON TO GO BOXES

caprese chicken
cheese & fruit
egg, veggie & cheese
fruit, eggs & nuts
hard-boiled eggs
hummus
hummus, veggie & taboule
smoked salmon
southwest chicken
turkey & swiss

FRESH FRUIT

bananas, apples
seasonal fruit
fruit cups

SNACKS

chips
multigrain chips
baked lays® chips
mini-pretzels
mixed nuts
chocolate covered almonds
KIND® bars

Grab one of our pre-made salads, sandwiches, wraps or delicious baked goods. Made fresh every day, throughout the day. Customize your made-to-order sandwich or salad. Just ask. Please visit aubonpain.com or nutrition kiosks in our cafés for all nutritional information. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

Before placing your order, please inform your server if a person in your party has a food allergy. All items are subject to change. Please check with the café to confirm item availability.
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